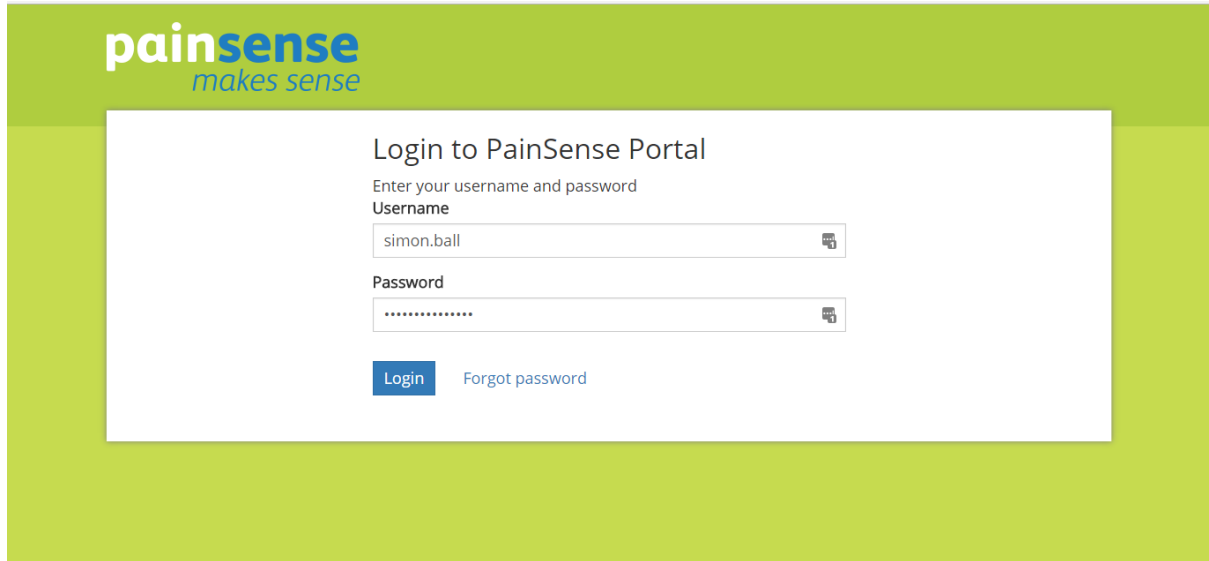


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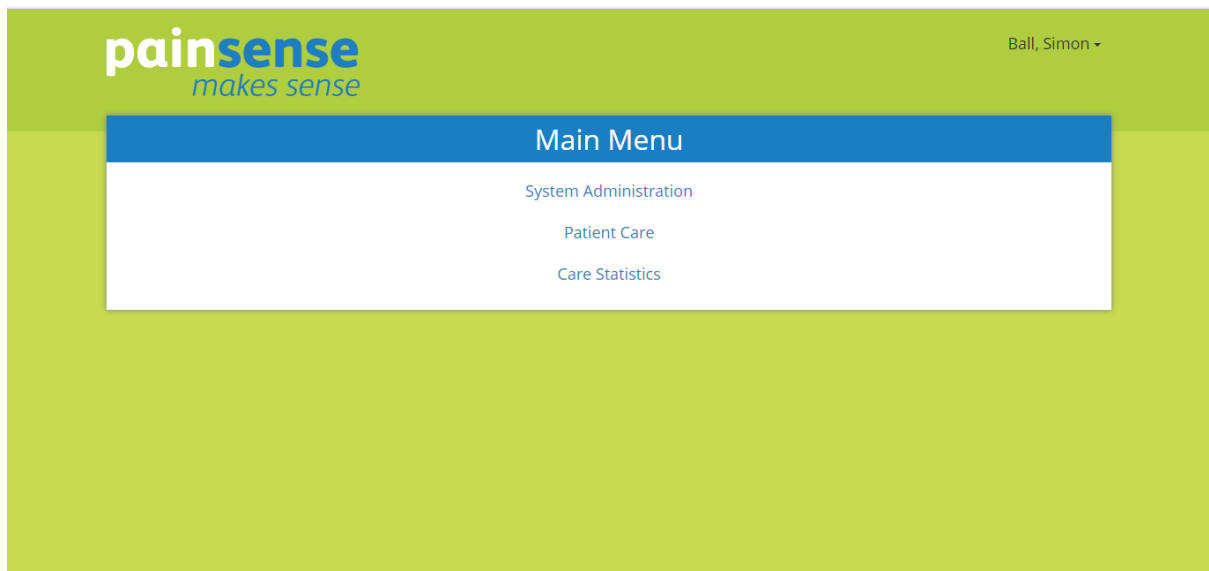
Log on

<https://www.pain-sense-portal.com/>



The screenshot shows the login page for the PainSense Portal. At the top left is the logo "painsense makes sense". The main heading is "Login to PainSense Portal". Below this, it says "Enter your username and password". There are two input fields: "Username" with the text "simon.ball" and "Password" with masked characters ".....". Below the password field are two buttons: "Login" and "Forgot password".

Use your assigned username and password to get to the Main Menu.



The screenshot shows the Main Menu of the PainSense Portal. At the top left is the logo "painsense makes sense". At the top right, the user's name "Ball, Simon" is displayed with a dropdown arrow. The main heading is "Main Menu". Below this, there are three menu items: "System Administration", "Patient Care", and "Care Statistics".

If you have forgotten your password, click on the 'Forgot password' link and follow the on-screen instructions.

Password Reset

Step 1 – Enter email



The screenshot shows the "Reset password to PainSense Portal" page. It has a blue header with a back arrow and the text "Reset password to PainSense Portal". Below the header, it says "Please enter the email you used to register for the portal, and click send. You will be emailed a link to reset your password." There is an "Email:" label and an input field with the text "Enter registration email". Below the input field is a "Send" button.

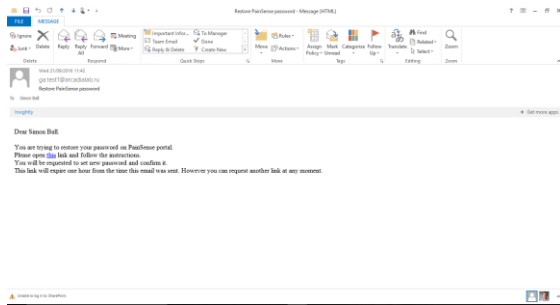
Step 2 – Click send



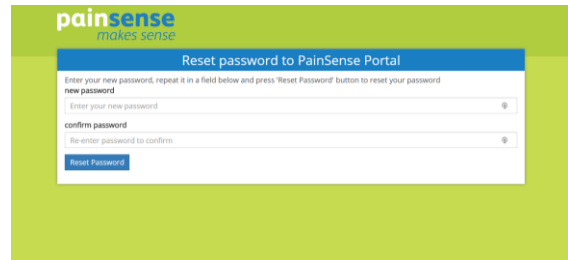
The screenshot shows the "Reset password to PainSense Portal" page after clicking the "Send" button. It has a blue header with a back arrow and the text "Reset password to PainSense Portal". Below the header, it says "Please enter the email you used to register for the portal, and click send. You will be emailed a link to reset your password." There is an "Email:" label and an input field with the text "simon.ball@ad-uk.com". Below the input field is a "Send" button. At the bottom, there is a green box with the text "The email with restore link and instructions has been sent to you."

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Step 3 – click on link in email



Step 4 – Enter new password

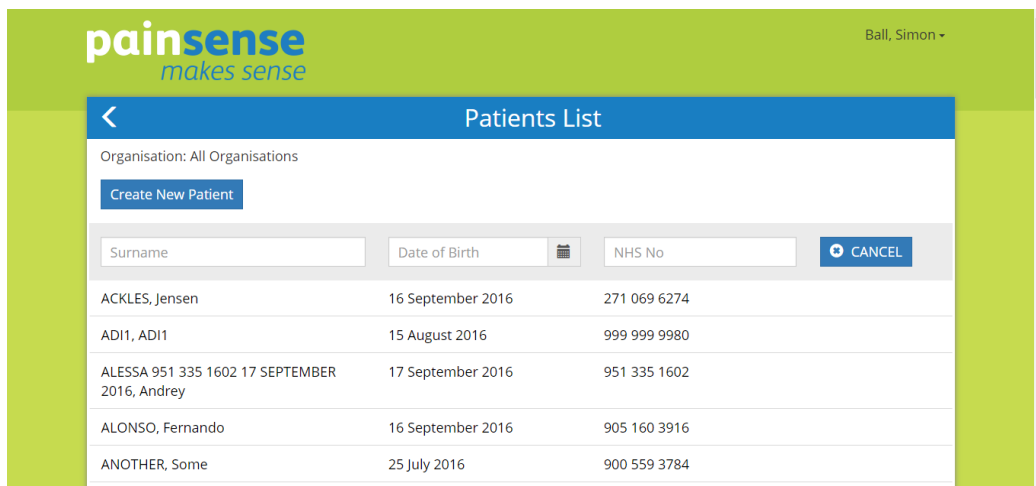


Once you have entered your password, you will be redirected to the Login Page to enter your username and new password.

Creating a New Patient

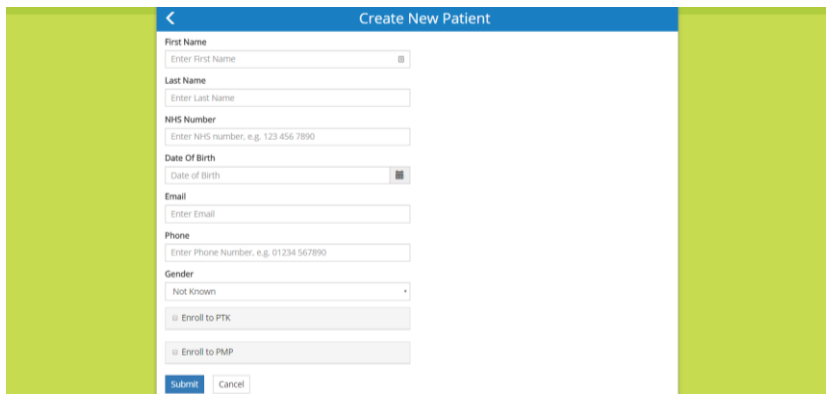


From the main menu (above) click on the 'Patient Care' tab which will take you to the screen below and click on the 'Create New Patient' button



This will bring up the following screen where you will need to enter the required patient information and choose which whether you wish to enroll them onto the Pain Toolkit (PTK) or Pain Management Plan (PMP). You will only be able to see the patients registered in your area.

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The screenshot shows a mobile application interface for creating a new patient. The title bar is blue with a back arrow on the left and the text 'Create New Patient' in the center. The form is white and contains the following fields and options:

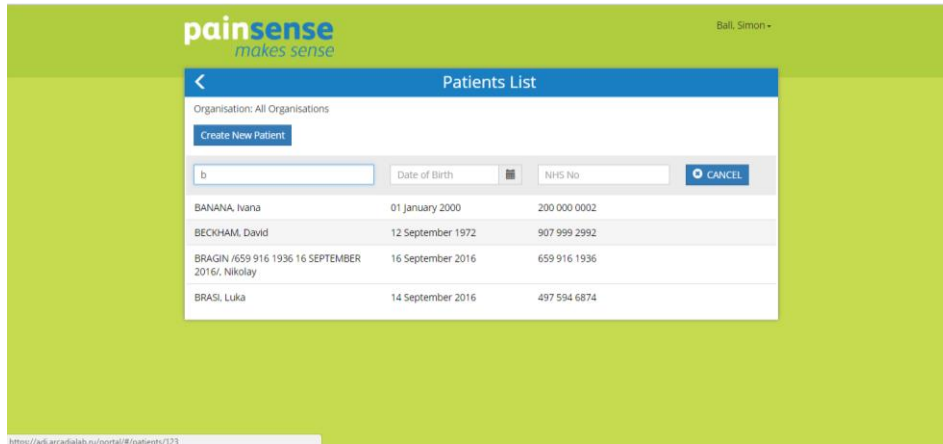
- First Name:** Text input field with placeholder 'Enter First Name' and a clear button.
- Last Name:** Text input field with placeholder 'Enter Last Name'.
- NHS Number:** Text input field with placeholder 'Enter NHS number, e.g. 123 456 7890'.
- Date Of Birth:** Date picker field with placeholder 'Date of Birth'.
- Email:** Text input field with placeholder 'Enter Email'.
- Phone:** Text input field with placeholder 'Enter Phone Number, e.g. 01234 567890'.
- Gender:** Dropdown menu with 'Not Known' selected.
- Enroll to PTK:** Toggle switch.
- Enroll to PMP:** Toggle switch.
- Submit:** Blue button.
- Cancel:** White button with a grey border.

This will automatically send an email to the patient or allow you to print a document with information on how to download and register on the app or web browser.

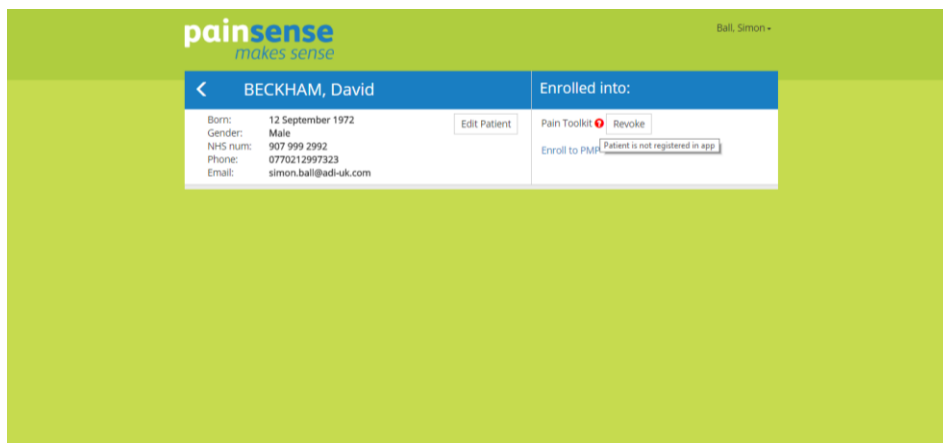
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Reviewing the patient

From the main screen click on the 'Patient Care' button to bring up the list of patients and search for them using their name, NHS number or DOB.



Click on the desired patient showing their details (which you can edit if anything is wrong or needs changing) and see what the patient has been enrolled onto. If you wish to use the PMP then you can send this to them at a separate time.



The red tick indicates the patient has not registered on the app and therefore no assessments have been sent.

If a patient has registered and completed assessments their reports will appear underneath their details – see below for an example where a patient has been enrolled onto both the Pain Toolkit and

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Pain Management Plan.

painsense
makes sense

Ball, Simon -

ARCHER, Oliver | Enrolled into:

Born: 16 March 1948 | Edit Patient
 Gender: Male
 NHS num: 738 786 8263
 Phone: 078 4368 3316
 Email: oliverarcher@mailinator.com

Pain Toolkit Revoke
 Pain Management Plan Revoke

PTK SUMMARY | HNA | BODY CHART | DOLOTEST | PSEQ | PMP SUMMARY | PMP DETAILS

Main pain duration: You have been in pain for more than 1 year
 Number of neuropathic symptoms: 6 out of 7.

Highlighted problems:

- Pain symptoms or pain relief
- Eating the right sort of foods, weight changes
- This is other info

PSEQ: 34/60
 Dolotest: 374/800

(Visuals include a body chart with highlighted areas and a Dolotest circular chart)

Use the information in the reports to monitor your patients progress, set targets/goals, provide feedback and get engagement and compliance with your patients.

ARCHER, Oliver | Enrolled into:

Born: 16 March 1948 | Edit Patient
 Gender: Male
 NHS num: 738 786 8263
 Phone: 078 4368 3316
 Email: oliverarcher@mailinator.com

Pain Toolkit Revoke
 Pain Management Plan Revoke

PTK SUMMARY | HNA | BODY CHART | DOLOTEST | PSEQ | PMP SUMMARY | PMP DETAILS

Summary table of goals and achievements

7 Day Period (ending)	Num Goals Created	Weekly Duration (hours)
21 September	0	0
13 September	0	0
06 September	0	0

Summary of app usage

Date	Activity
08 July	A target has been created(Android)

1

Created
 Stopped

<https://adi.arcadiolab.nu/portal/#pmp-summary>

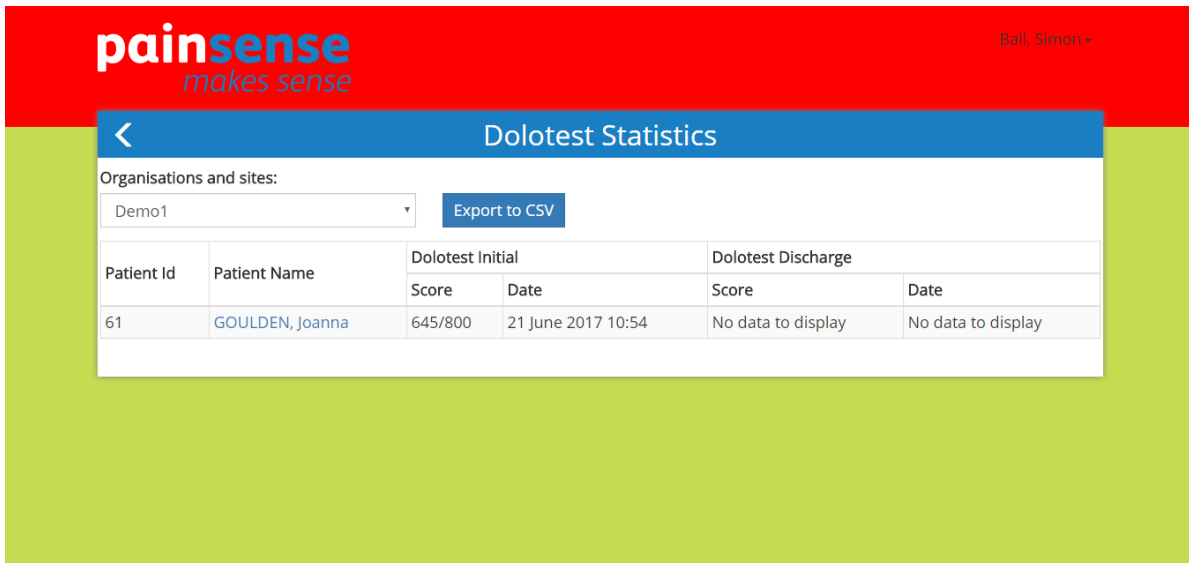
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Care Statistics

Those with access rights will be able to see the names of who at each site has been sent a token, if it has been revoked.



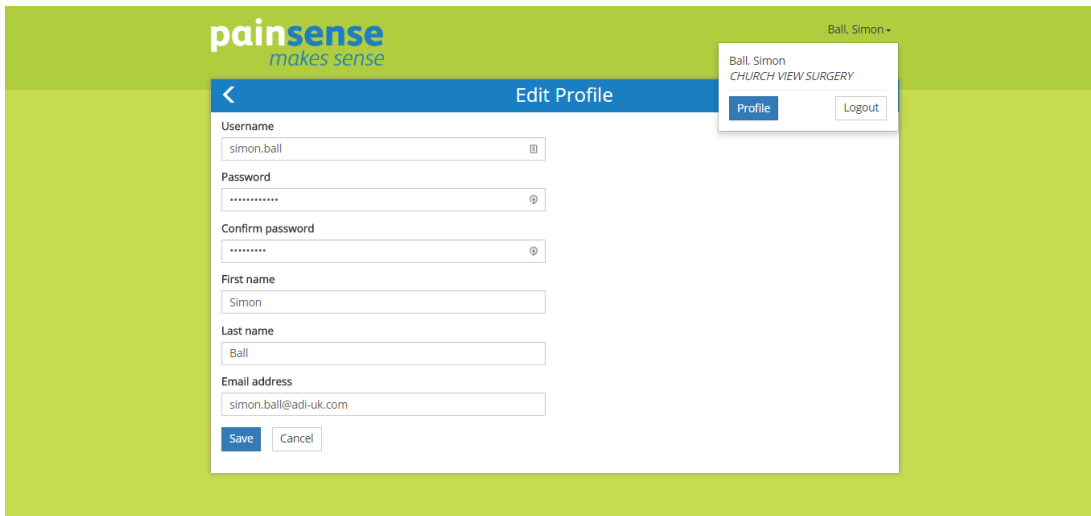
The initial and discharge Dolo and PSEQ scores which you can download in a CSV document if required.



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Editing your own profile

You can change your password, username and associated email address by viewing your profile from the home screen and changing the information you wish.



The screenshot shows the 'Edit Profile' interface within the PainSense portal. The background is a light green color. At the top left, the 'painsense makes sense' logo is visible. In the top right corner, the user's name 'Ball, Simon' is displayed. Below this, a dropdown menu is open, showing the user's full name 'Ball, Simon' and their role 'CHURCH VIEW SURGERY', with 'Profile' and 'Logout' buttons. The main form area has a blue header with a back arrow and the title 'Edit Profile'. The form contains several input fields: 'Username' (simon.ball), 'Password' (masked with dots), 'Confirm password' (masked with dots), 'First name' (Simon), 'Last name' (Ball), and 'Email address' (simon.ball@adi-uk.com). At the bottom of the form are 'Save' and 'Cancel' buttons.